



Co-funded by the
Erasmus+ Programme
of the European Union

Prolepsis Administrative Platform's Manual

Singularlogic

prolepsis

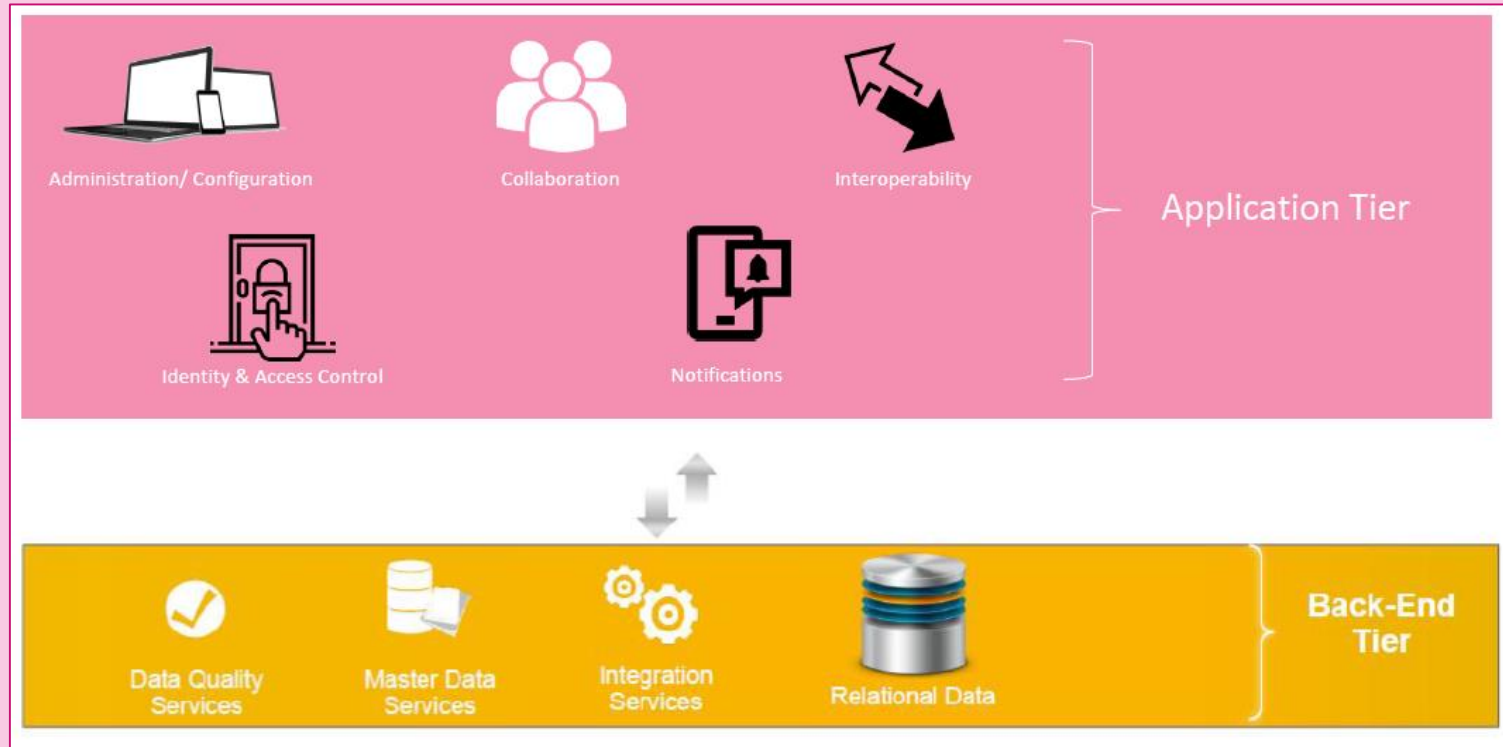


“There is no medicine you can take that will replace what you can do for your own health.”

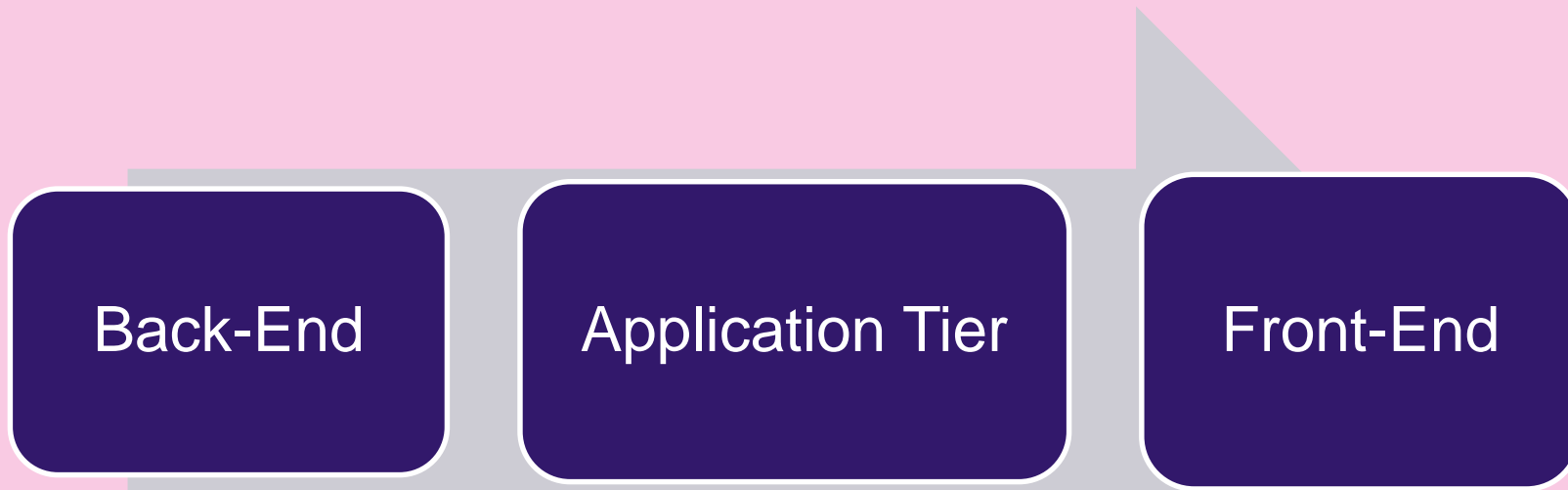
— Aarti Patel, The Art of Health: Simple and Powerful Keys for Creating Health in your Life



Architectural Overview



Platform's structure





Introducing the Platform

Administrative Roles :

- ❑ Super Admin
- ❑ Region Admin





Login page

English 



Administration Console



Email



Password

Login

[Forgot Password?](#)





Super Admin's Dashboard

prolepsis

Super Admin | English

Welcome to Prolepsis

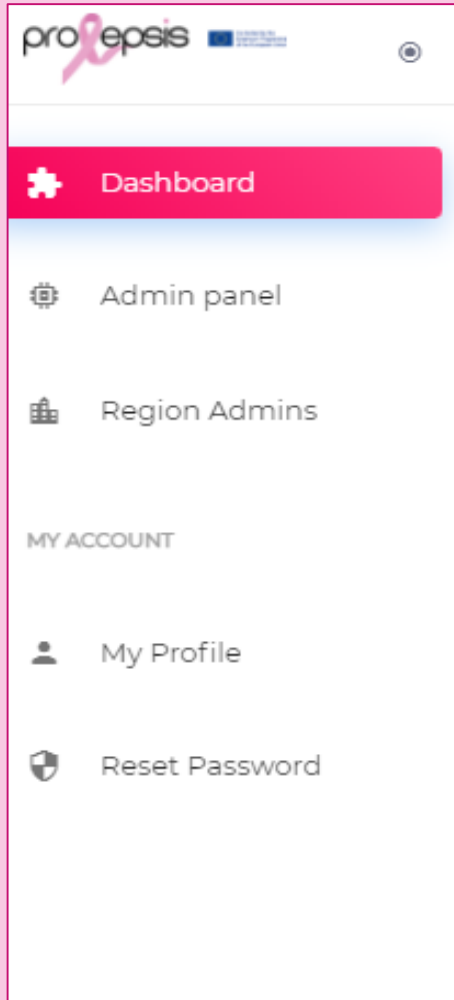
Project Goal

The main result expected after the completion of the project is to develop a mobile phone application, that will be based on the special characteristics of the user, the International Guidelines for BC screening, the data retrieved from the relevant literature and the focus groups with end users and health professionals experts in the field of BC and in the field of support and advocacy for informal carers.

By completion of the application, three multiplier events will be organized – one in each partners country – conference with the participation of local health professionals and representatives of professional associations and bodies to disseminate the final product within and beyond the partner countries.

As an additional tool, will be produced the handbook for educators working with informal and formal education and healthcare professional working with women's health promotion on how to use the app in health-literacy reinforcement programmes targeting not only informal carers but women's health in general.

The handbook will be an e-book containing practical suggestions and guidelines for the two different target group which will be based on the lessons learnt through the previous project actions.



Super Admin's Menu

Super Admin's option - Admin panel



Co-funded by the
Erasmus+ Programme
of the European Union

It is used to add
for the
translations of the
questions and
answers of the
Initial Assessment

Login

Email

Password

Remember me

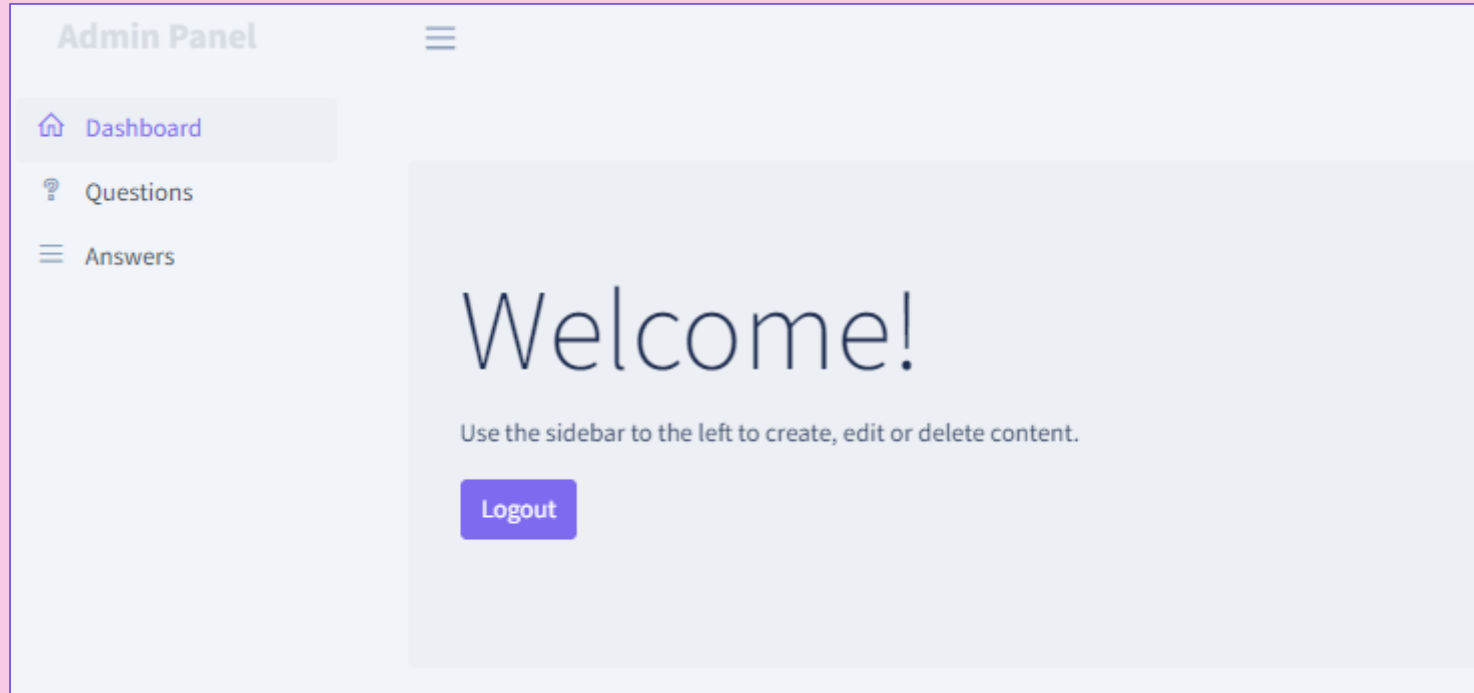
Login

[Forgot Your Password?](#)
[Register](#)

Login with the
credentials of
Super Admin



Admin Panel - Welcome Page





Admin Panel - Questions

Admin Panel

Dashboard

Questions

Answers

Showing 1 to 8 of 8 entries. [Reset](#)

[+ Add Question](#)

Search...

Id	Content	Type	Actions
1	Age	SINGLE	Preview Edit Delete
2	First menstrual period	MULTIPLE	Preview Edit Delete
3	First live birth	MULTIPLE	Preview Edit Delete
4	First-degree relatives with breast cance[...]	MULTIPLE	Preview Edit Delete
5	Previous breast biopsy	MULTIPLE	Preview Edit Delete
6	≥1 breast biopsy with atypical hyperplas[...]	MULTIPLE	Preview Edit Delete
7	Race/ethnicity	MULTIPLE	Preview Edit Delete
8	Asian-American sub race	MULTIPLE	Preview Edit Delete

10 entries per page

< 1 >

Handcrafted by Cristian Tabacita. Powered by Backpack for Laravel

Select the question
and press the Edit button



Edit Question2 . << Back to all

question *

First menstrual period

Type *

MULTIPLE

Evaluation *

Initial Test

question_translations

question_translation

Id	Locale	question	Actions
3	en	First menstrual period	Edit Delete
4	gr	Πρώτη περίοδος	Edit Delete
27	it	Quando hai avuto il primo ciclo mestrual[...]	Edit Delete
18	pt	Primeiro período menstrual	Edit Delete
Id	Locale	question	Actions

+ Add entry

Question's translation

Select the language
and use the Edit
button or the Add
button for a new
addition

Edit entry ✕

locale

it ▾

question *

Quando hai avuto il primo ciclo mestruale?

⌂ Save Cancel

Translate the
question in the
respective
language that is
indicated

Admin Panel - Answers



Showing 1 to 10 of 33 entries. [Reset](#)

[+ Add Answer](#)

Search...

Id	answer	question	Type	Value	Parent ids	Actions
1	INPUT	Age	INPUT	0		Preview Edit Delete
2	Unknown	First menstrual period	PREDEFINED	0		Preview Edit Delete
3	7 - 11 years old	First menstrual period	PREDEFINED	1		Preview Edit Delete
4	12 - 13 years old	First menstrual period	PREDEFINED	2		Preview Edit Delete
5	> 13 years old	First menstrual period	PREDEFINED	3		Preview Edit Delete
6	Unknown	First live birth	PREDEFINED	5		Preview Edit Delete
7	No Births	First live birth	PREDEFINED	0		Preview Edit Delete
8	<20 years old	First live birth	PREDEFINED	1		Preview Edit Delete
9	20-24 years old	First live birth	PREDEFINED	2		Preview Edit Delete
10	25-29 years old	First live birth	PREDEFINED	3		Preview Edit Delete

10 entries per page

< 1 2 3 4 >

Admin Panel Answer - Edit 1



Co-funded by the
Erasmus+ Programme
of the European Union

Edit Answer2 . < Back to all

answer *

question *

Type *

value *

parent_ids

The upper part of the
Edit page of a selected
answer

Admin Panel Answer - Translations

answer_translations

answer_translation

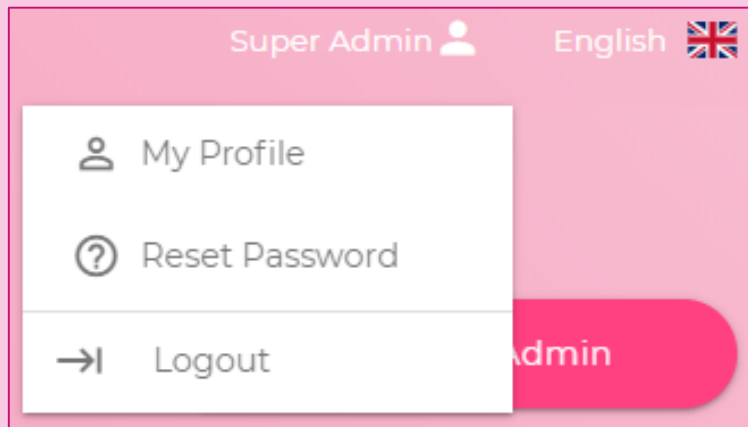
Id	Locale	answer	Actions
3	en	Unknown	Edit Delete
4	gr	Άγνωστη	Edit Delete
104	it	Non ricordo / Preferisco non rispondere	Edit Delete
75	pt	Não sabe	Edit Delete

+ Add entry

[Save and back](#) [Cancel](#)

The lower part of the selected answer's edit. Choose the language and press Edit to open for the translation.


Super Admin - Buttons



Super Admin's - Profile



Co-funded by the
Erasmus+ Programme
of the European Union

 My Profile ✕

Last Name	Admin	First Name	Super
Country	Greece ▼	Email	super_admin@mail.com
Address	Vila Nova de Gaia	Phone	1234567890

[Upload Avatar](#)

[Save](#)



Reset Password

Reset Password ✕

Password

Password Confirmation

Clear Save



Super Admin's - Dashboard

The screenshot displays the Super Admin's Dashboard for Region Admins. The interface includes a sidebar on the left with navigation options: Dashboard, Admin panel, and Region Admins (highlighted). Below the sidebar is a 'MY ACCOUNT' section with links for My Profile and Reset Password. The main content area features a breadcrumb trail 'Dashboard > Region Admins', a summary card showing '7 Region Admin(s) Total' with an 'Add Region Admin' button, and a search bar for 'Search Region Admin'. A table lists the region admins with columns for First Name, Email, Country, Phone, and Actions.

First Name	Email	Country	Phone	Actions
Region Admin	region_admin@mail.com	Greece	1234567890	

Region Admin's - Info



Region Admin



 Info

First Name

Region

Last Name

Admin

Email

region_admin@mail.com

Address

Somewhere 3

Phone

1234567890

Country

Austria

New Region Admin

Add Region Admin

Press the button and the form opens

Register a new Region Admin ✕

Last Name	First Name
<input type="text"/>	<input type="text"/>
Email	Select Your Country
<input type="text"/>	Select Your Country ▾

Register Now!



Region Admin's Dashboard - Statistics

Admin panel

Region Admin English

Statistics

RISK level statistics

Risk Level	Percentage
Risk 1	35%
Risk 2	20%
Risk 3	20%
Risk 4	25%

CONTENT

- Articles
- Messages
- Videos

CONFIGURATIONS

- Configurations
- Message Categories
- Translations

MY ACCOUNT

- My Profile

Legend: Risk 1 (pink), Risk 2 (green), Risk 3 (yellow), Risk 4 (red)



Region Admin's Articles - List of Articles

Admin panel

Statistics

CONTENT

Articles

Messages

Videos

CONFIGURATIONS

Configurations

Message Categories

Translations

MY ACCOUNT

Region Admin

English

Dashboard > My Articles

My Articles

29 Article(s) Total

Add Article

Search Article

ID	Title	Module	Status	Created	Actions
178	Piano d'emergenza per i caregiver - come farlo		PUBLISHED	22-09-2021 11:27 am	
168	Dear Friend: Letters of Encouragement, Humor, and Love for Women with Breast Cancer - Book		DRAFT	23-07-2021 06:10 pm	
167	Pink Is The New Black - Book		DRAFT	23-07-2021 06:04 pm	
166	Storie di caregiver. Il senso della cura- Libro		PUBLISHED	22-07-2021 04:46 pm	
165	Io madre di mia suocera. Vivere accanto a un malato di Alzheimer- Libro		PUBLISHED	22-07-2021 04:30 pm	



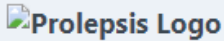
Region Admin - to know

Message Created

Some content in this message has been blocked because the sender isn't in your Safe senders list.
I trust content from hello@example.com. | Show blocked content

Example <hello@example.com>
Tue 8/3/2021 11:25 AM

To



Dear Region Admin a message was created at 03-08-2021 11:25 am

Please Translate it to your language

[Translate](#)

Thanks,
Laravel

When something new is added and needs to be translated, a mail is send by the system to all the Region Admins.

New Article 1/7

Add Article



Co-funded by the
Erasmus+ Programme
of the European Union

Dashboard > My Articles > Register a new Article

Register a new Article



Please provide the title, risk level and content or url of the article.

Article Language



Associated Risk Level



Article title

Provide an article link or write your article in the form below



New Article 2/7

Article Language

▼

Ελληνικά

English

italiano

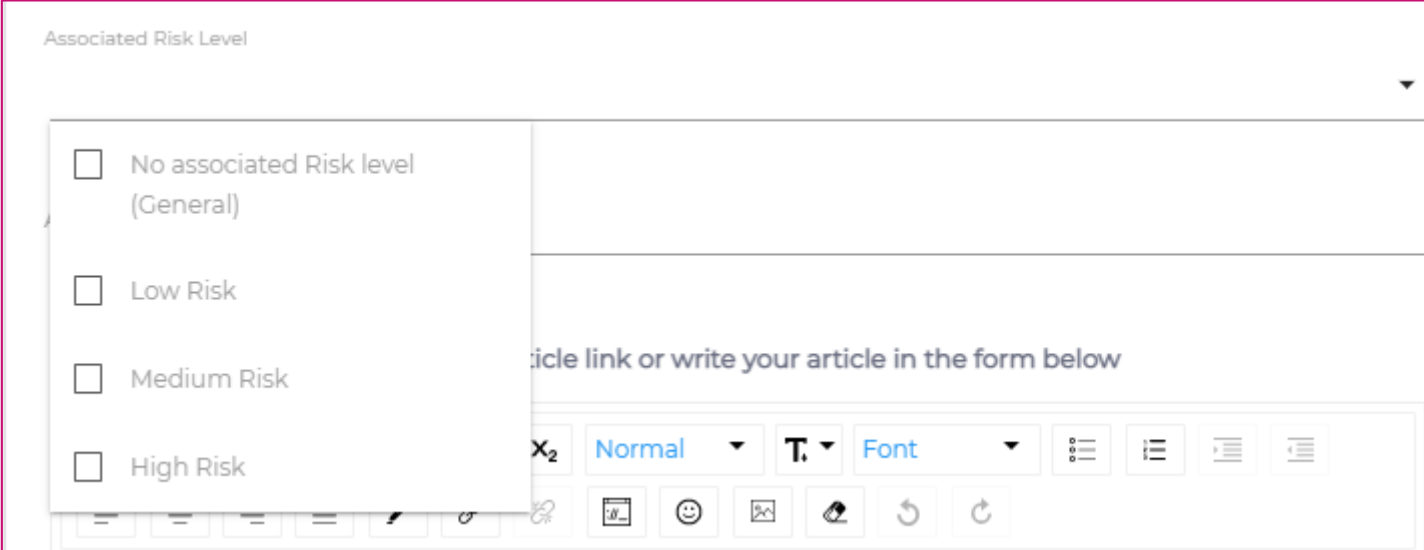
português

▼

Primary select the language of the article.

English usually is the first one to enter. Then translate to the rest of the languages.

New Article 3/7



The screenshot shows a web form titled "Associated Risk Level" with a dropdown menu open. The menu contains four options, each with an unchecked checkbox:

- No associated Risk level (General)
- Low Risk
- Medium Risk
- High Risk

Below the menu, the form has a text input field with the placeholder text "article link or write your article in the form below". Below the text field is a rich text editor toolbar with various icons for text formatting, alignment, and media insertion.

Secondary, the article must be associated with the allowed risk level.

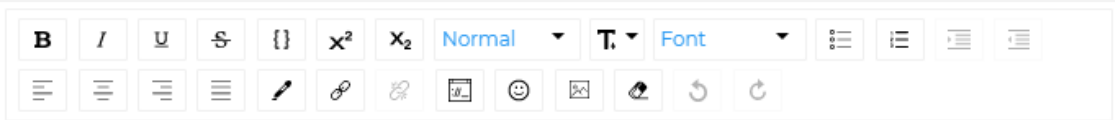
The users take an initial assessment that categorises them in a certain risk level.

Everyone can see whatever is associated to the general group (No associated risk level). Even the ones' that are not signed in the application.

The categorised users have access to the information of the associated risk level and the general, as well. That creates a personalized profile of the application.

New Article 4/7

Provide an article link or write your article in the form below



The image shows a rich text editor toolbar with various icons for text formatting and editing. The icons include: Bold (B), Italic (I), Underline (U), Strikethrough (ABC), Source code ({}), Superscript (x²), Subscript (x₂), Font color (Normal), Text color (T), Font size (Font), Bulleted list, Numbered list, Indented list, and Outdented list. The second row of icons includes: Bulleted list, Numbered list, Indented list, Outdented list, Text color (pencil), Link (chain), Unlink (chain with slash), Table (table icon), Smiley (smiley face), Image (image icon), Undo (undo icon), and Redo (redo icon).

Type the text or copy and paste from another document. Use the editor to form the text of the article or the module.



New Article 5/7

Article link

Upload Article Image

Upload Article PDF

Is Module

Save As Draft

Publish

New Article 6/7



Article link

Type the link or copy and paste from else.

Upload Article Image

When clicking in the field it opens the browser to select the image file.

Upload Article PDF

When clicking in the field it opens the browser to select the pdf file



New Article 7/7

Is Module

If it is a module then it has to be indicated by clicking in the box.


Is Module

Save As Draft



Publish

At the end it is necessary to save the work either “as a draft” (if not ready or do not want to publish yet) or “Publish” it. The region admin can always change the status from draft to published and vice versa both for articles and modules .

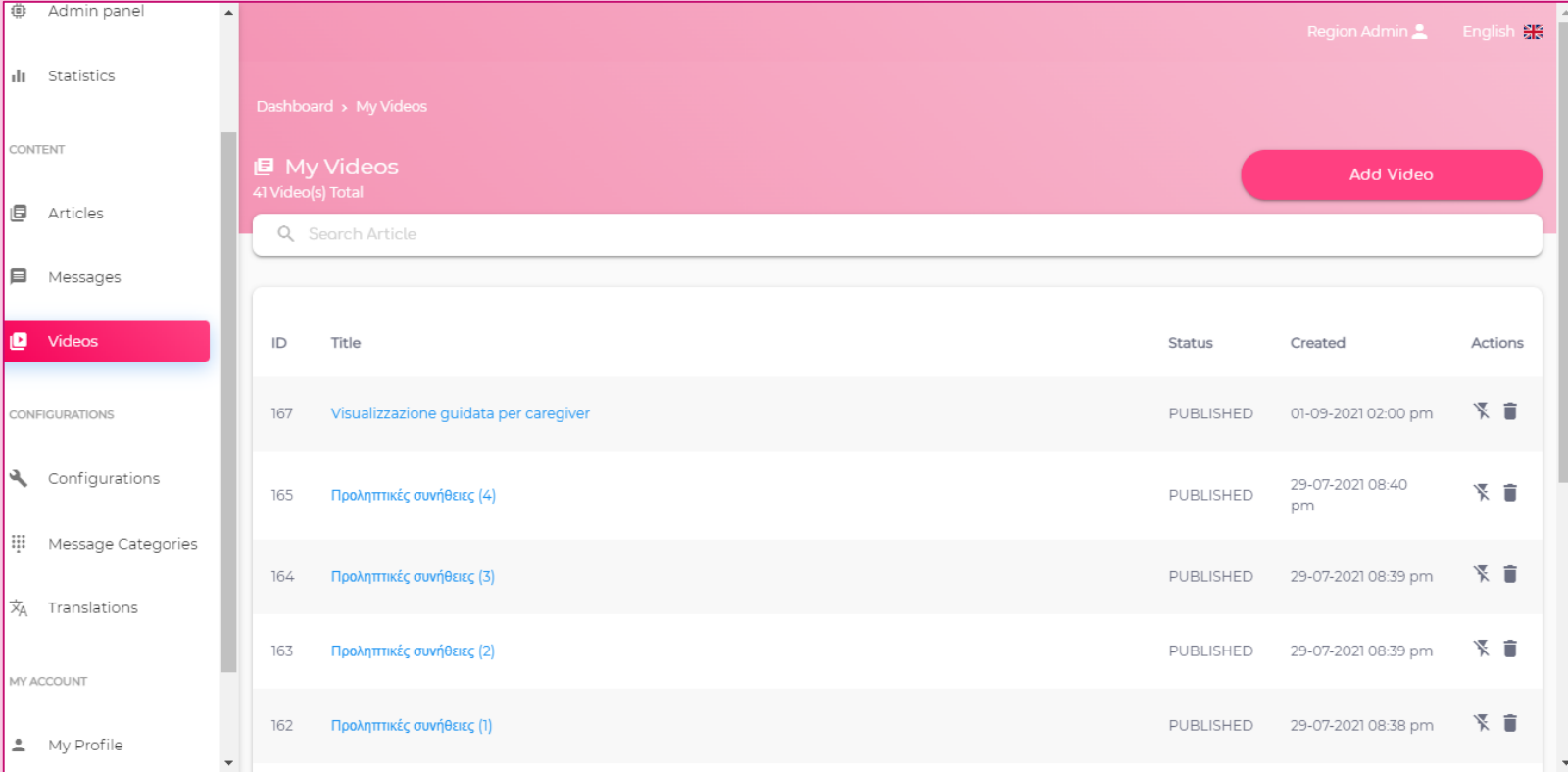
Articles Functionalities

- ✓ From the list a selected record of an article can be deleted with the button 
- ✓ From the list a selected record of an article can be viewed and edit, by clicking on it. If changes have been made, it is necessary to save them, by clicking on the “update” button.





- ✓ From the list a selected record of an article can be published from draft with the button  or vice versa through the button 

Videos - List of Videos



Admin panel











Region Admin  English 

Dashboard > My Videos

My Videos
41 Video(s) Total

[Add Video](#)

Search Article

ID	Title	Status	Created	Actions
167	Visualizzazione guidata per caregiver	PUBLISHED	01-09-2021 02:00 pm	 
165	Προληπτικές συνήθειες (4)	PUBLISHED	29-07-2021 08:40 pm	 
164	Προληπτικές συνήθειες (3)	PUBLISHED	29-07-2021 08:39 pm	 
163	Προληπτικές συνήθειες (2)	PUBLISHED	29-07-2021 08:39 pm	 
162	Προληπτικές συνήθειες (1)	PUBLISHED	29-07-2021 08:38 pm	 

Admin panel

Statistics

CONTENT

Articles

Messages

Videos

CONFIGURATIONS

Configurations

Message Categories

Translations

MY ACCOUNT

My Profile



Register a new Video



Please provide the title, risk level, description and url of the video.

Video Language



Associated Risk Level



Video title

Video description

Video link

Save As Draft


Publish

Add a New Video


Add Video

Add a New Video Procedure and Functionalities

To add a new video the procedure is the same with slight differences, as the articles:

- ✓ Select a language. Prefer to enter first the English and then the rest of the languages, if possible.
- ✓ Associate with a risk level. The general group is available to everyone, even the ones' that are not signed in.
- ✓ Type the video title.
- ✓ Type a small description of the video.
- ✓ Type or copy and paste the link of the video
- ✓ Save as a draft or Publish. The status can always be altered vice versa.
- ✓ From the list a selected record can be deleted with the button 
- ✓ From the list a selected record can be viewed and edit, by clicking on it. If changes have been made it is necessary to click on the “update” button!



- ✓ From the list a selected record can be published from draft with the button  or vice versa through the button 



Configurations

Admin panel

Statistics

CONTENT

Articles

Messages

Videos

CONFIGURATIONS

Configurations

Message Categories

Translations

Region Admin

English

Dashboard > Configurations

Configurations

4 Configuration(s) Total

[Add Configuration](#)





ID	Configuration name	Actions
1	gdpr	
2	welcome_message	
3	help_video	
4	initial_test_message	













View & Edit your Configurations ✕

Configuration name
gdpr

Select Configuration Language
English


Configuration title
Gdpr

B / *I* U ~~S~~ {} x² x₂ H2 T Tahoma, S...    

PROLEPSIS Privacy Policy

PROLEPSIS is a project that is co-funded by the ERASMUS+ Programme of the European Union.

- It has the same structure as the articles.
- It can be deleted from the list with the icon 





Welcome message














View & Edit your Configurations ✕

Configuration name
welcome_message

Select Configuration Language
English

Configuration title
Welcome


B *I* U ~~S~~ {} x² x₂ H2 T Montsera...    

Welcome to Prolepsis

Prolepsis is an application that was created as the main product of a European project funded by the Erasmus + programme.

The main objective of the project is indeed to develop an application that is based on the characteristics and needs of the user and makes it easier to take care of one's own breast health.

- It has the same structure as the articles.
- It can be deleted from the list with the icon 

Help



View & Edit your Configurations ✕

Configuration name

help_video

Select Configuration Language

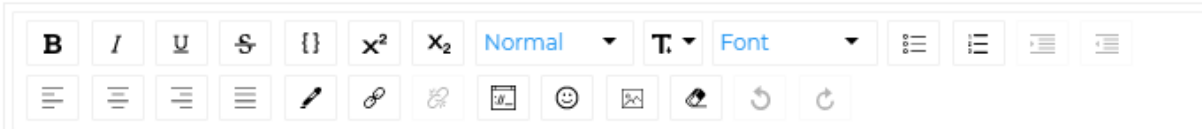
English ▾

Video link


<https://youtu.be/-Azc8hRIA6Q>

Configuration title

Welcome Video



Welcome to prolepsis Video

- It has the same structure as the videos.
- It can be deleted from the list with the icon 



Initial test message

View & Edit your Configurations ✕

Configuration name
initial_test_message


Select Configuration Language
English ▾

Configuration title
Well Done

B *I* U ~~S~~ {} x^2 x_2 Normal ▾ T ▾ Font ▾ ☰ ☰ ☰ ☰

☰ ☰ ☰ ☰

You have succesfully completed Initial Test

- It has the same structure as the articles.
- It can be deleted from the list with the icon 



Message Categories

Admin panel

Statistics

CONTENT

Articles

Messages

Videos

CONFIGURATIONS

Configurations

Message Categories

Translations

Region Admin English

Dashboard > My Message Categories

My Message Categories

4 Message Categories(y) Total

[Add Message Categories](#)

ID	Title	Created	Actions
1	Module 2	02-07-2021 11:49 am	
3	Module 3	15-07-2021 05:41 pm	
4	Module 1	15-07-2021 05:42 pm	
5	Module 4	15-07-2021 05:42 pm	



Message Categories





Region Admin  English 

Dashboard > My Message Categories

My Message Categories

4 Message Categories(y) Total

Add Message Categories

ID	Title	Created	Actions
1	Module 2	02-07-2021 11:49 am	
3	Module 3	15-07-2021 05:41 pm	
4	Module 1	15-07-2021 05:42 pm	
5	Module 4	15-07-2021 05:42 pm	

New Message Category

Add Message Categories



Co-funded by the
Erasmus+ Programme
of the European Union

Register a new Message



Select Message Category language



Title


Message Category description

Publish

Translation Manager



Co-funded by the
Erasmus+ Programme
of the European Union

pro epsis  Erasmus+ Programme of the European Union

[Back to home](#)

Translation Manager

Choose a group to display the group translations.

Enter a new group name and start edit translations in that group

Supported locales

Current supported locales:

Enter new locale key:

Translation Manager

Translation Manager

Append new translations ▼

Import Groups

Find Translations In Files

Choose a group to display the group translations.

buttons ▼

Enter a new group name and start edit translations in that group

Add And Edit Keys

At the field “Choose a group to display the group translation”, opens a list of values. Select a group.

Translation Manager



Co-funded by the
Erasmus+ Programme
of the European Union

Choose a group to display the group translations.

buttons

Enter a new group name and start edit translations in that group

Add And Edit Keys

Add new keys to this group

Add 1 key per line, without the group prefix

Add Keys

Total: 12, changed: 0

Key	en	gr	it	pt
clear	Clear	Καθαρισμός	Cancella	Apagar
update	Update	Ενημέρωση	Aggiorna	Atualizar
upload_avatar	Upload Avatar	Φωτογραφία Προφίλ	Carica l'avatar	Carregar avatar

Export all translations

Back

Publish Translations

Translation Manager



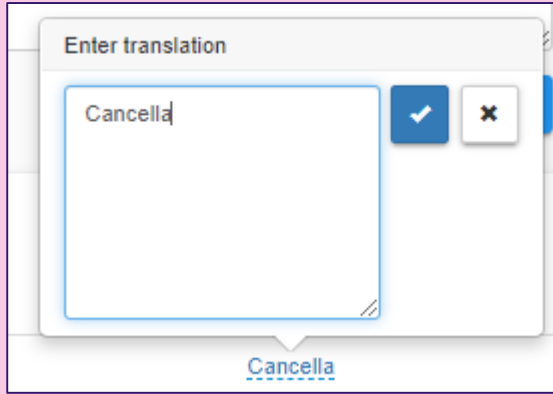
Co-funded by the
Erasmus+ Programme
of the European Union


Total: 12, changed: 0

Key	en	gr	it	pt
clear	Clear	Καθαρισμός	Cancella	Apagar
update	Update	Ενημέρωση	Aggiorna	Atualizar
upload_avatar	Upload Avatar	Φωτογραφία Προφίλ	Carica l'avatar	Carregar avatar

Export all translations

On each column of language, on each field, which usually for the first times shows [Empty](#) click and type the translation, as shown in the following page.



Type or edit the translation and then save with the button 

Delete the text translation first and then save with the button 

Close the dialogue box with the button




Do not forget to publish the translations every time you create new or edit by clicking on the button
“Publish Translations”





Region Admin's Profile - Editing

 My Profile ✕

Last Name	Admin	First Name	Region
Country	Greece ▼	Email	region_admin@mail.com
Address	Somewhere 3	Phone	1234567890

[Upload Avatar](#)

[Save](#)

Region Admin's - Reset Password

Reset Password ✕





Password

Password Confirmation

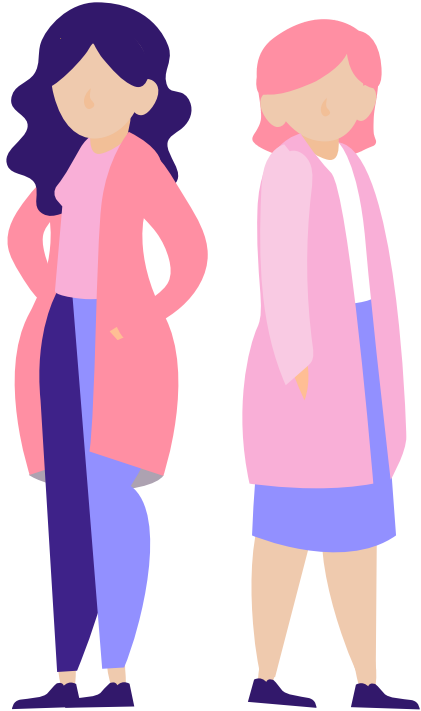
[Clear](#) [Save](#)



Platform's Languages

	Ελληνικά
	English
	italiano
	português

Log out



by using the option → Logout

from

